



APPRENTICESHIP WORKFORCE DEVELOPMENT PROGRAMME

Mental Health in Apprentices: counting the cost
Good & Best practice identified in other curriculum areas



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A dedicated area for learners, the Lighthouse was set up a couple of years ago where they can meet

are links to a wide range of support services as well as contact details for the Wellbeing and other College networks such as the Student Union.

The Wellbeing team, as a result of the AWD project, are already making changes to the Wellbeing Hub to ensure that Apprentices' Mental Health Wellbeing video is available. They are also planning a training session for all Ass know how to support their apprentices with their mental wellbeing. This is also considering developing a distinct area on the Hub for apprentices and employers to provide relevant support.

Cross partnership analysis

This project has highlighted the wealth of positive, mental health support interventions available within each partner organisation. It has also brought to the forefront the issues surrounding apprenticeship takeoff available. As a result of the project investigations, City College Plymouth has discovered and raised an important concern with the semantics of being perceived as representative to apprentices. Alongside the barriers that apprentices face to accessing and receiving mental health support, they also often feel like support offered is not tailored to their needs. Actions are already being taken to mitigate this finding.

In order for there to be parity of opportunity for our apprentices to access all of the personal development and all of the support that a tutor can provide as well as the referral to the wider support services, it is a recommendation that apprentices are allocated a personal tutor and dedicated tutorial time so that meaningful ones can be carried out and there to be opportunities for personal development learning to be facilitated by a tutor. The tutor can also help then to signpost the student to access all of these wider support services and

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